e-Immediate Life Support course Core Programme

Registration Faculty Meeting	10 minutes
Introduction	5 minutes
Skill Station: Airway and breathing	40 minutes
Skill Station: (timings can be increased at centre discretion) The ABCDE approach	90 minutes
Refreshment break	
Demo CAS Demo (video/faculty)	15 minutes
Skill Station 3: Initial resuscitation and defibrillation	45 minutes
Skill Station 4: (timings can be increased at centre discretion) CASTeach	65 minutes
Summary and debrief	10 minutes
Total time excluding refreshment break (and registration)	4 Hours 30 minutes

Targeted training

Targeted training can be added to the programme as required by the course centre.

Course centres should use this session to address specific needs of the candidates and their places of work.

Suggested topics that can be covered include:
- recording patient observations and National Early Warning Scores (NEWS2)
- anaphylaxis
- pregnancy
- care of the patient with tracheostomy or laryngectomy
- ReSPECT/ 'Do Not Attempt Cardiopulmonary Resuscitation' (DNACPR) orders
- audit
- equipment
- drugs
- further skills training and simulations.

Instructors should refer to the Advanced Life Support course manual for further information on these topics.