

e-Paediatric Immediate Life Support Course Core Programme

	Minimum timings
Registration Faculty Meeting (if appropriate)	
Introduction	5 minutes
Demonstration: Initial ABCDE assessment and interventions	15 minutes
Practice stations: ABCDE approach	40 minutes
Skill Station 1: Airway management and ventilation	40 minutes
Skill Station 2: BLS	40 minutes
Simulation practices (1 per candidate)	90 minutes
Faculty meeting (if appropriate) Summary & debrief	10 minutes

Total time excluding breaks: 4 hours

The timings are based on a course with a ratio of 6 Candidates to 1 Instructor. Timings may be adjusted accordingly if the Candidate to Instructor ratio is < 6:1.

Optional targeted training

Course Centres can opt to include additional sessions to address the specific needs of the Candidates and their places of work. However, these should be incorporated into the programme **after the core sessions have all been covered** (i.e. just before the faculty meeting).

Suggested topics that can be covered include:

- ECG interpretation and cardiac rhythm analysis
- Defibrillation and cardioversion practice
- Resuscitation of the child with a tracheostomy
- ReSPECT

Instructors should refer to the European Paediatric Advanced Life Support (EPALS) course manual for further information on these topics.